

CURRICULUM VITAE

MARK JULIUS PELLEGRINO, M.D.

Ohio Pain & Rehab Specialists
6651 Frank Avenue NW
N. Canton, Ohio 44720
(330) 498-9865

ACADEMIC RECORD:

HIGH SCHOOL: Central Catholic, Canton, Ohio, June 1976

COLLEGE:

The Ohio State University, Columbus, Ohio
BS Honors
Independent/Microbiology, June 1980

MEDICAL SCHOOL:

The Ohio State University, Columbus, Ohio
MD June, 1984

INTERNSHIP:

Medicine
Mount Carmel Medical Center, Columbus, Ohio
1984-1985

RESIDENCY:

Physical Medicine and Rehabilitation
The Ohio State University, Columbus, Ohio
Completed June, 1988

BOARD CERTIFICATION: Board certified in Physical Medicine and Rehabilitation, May 1989.

Board certified in the American Board of Electrodiagnostic Medicine, April, 1990.

MAJOR FIELDS OF RESEARCH: Electrodiagnosis, Fibromyalgia, Hearing Impairment.

Committee Member, Ad Hoc Committee of the Northeast Ohio Regional Trauma Network re: post trauma rehabilitative care, August 1991.

Medical Director, Arbors Subacute Rehabilitation Program, 1993.

Medical Director, Alliance Community Hospital's Center for Rehabilitation, 1991-1998

PRESENT POSITIONS:

WebMD, Fibromyalgia Expert for forum on Fibromyalgia, 2010 - Present

Private Practitioner specializing in Physical Medicine & Rehabilitation, October 1993 to present.

Clinical Assistant Professor of Internal Medicine, Northeastern Ohio Universities College of Medicine. Appointed September 25, 1989.

PROFESSIONAL AFFILIATIONS:

Ernest W. Johnson Society
The American Medical Association
The American Congress of Rehabilitation Medicine
The American Academy of Physical Medicine and Rehabilitation
The Ohio Society of Physical Medicine and Rehabilitation
American Association of Electromyography and Electrodiagnosis
American Academy of Pain Medicine

AWARDS:

Elected to Alpha Epsilon Delta Premedical Honorary Society June, 1978.
Vice President 1979-80.

Elected to Helix Biological Sciences Honorary June, 1979.

Arts and Sciences Award for Excellence, President's Scholarship Award, Phi Kappa Phi Honorary,
Summa Scholarship Award 1979-80.

Elected to Phi Beta Kappa, The Ohio State University, June 1981.

Elected to Alpha Omega Alpha, The National Medical Honorary Society, The Ohio State University,
April 1987.

Chief Resident for 1987-88 OSU Physical Medicine Residency.

Awarded one of "Best Doctors in America, MidWest Region", 1996-1997.

Selected for inclusion in "American Directory of Who's Who in Executives and Businesses", 1998-
1999 Edition.

Selected as an Arthritis Foundation Community Hero Overcoming Arthritis, Northeastern Ohio
Chapter, October 1998 (56 total selected).

Selected for inclusion of "Best Doctors in America" 1998-1999.

Featured in cover story of "M.D. News Magazine", greater Akron/Canton area, November-
December 1998 issue.

Awarded "Festival Dedication Award", June 2007, Stark County Italian-American Festival.

PROFESSIONAL/COMMUNITY:

Board Member, National Fibromyalgia Association.

Board Member, To Your Health, Health Points.

Spokesperson, American Academy of Physical Medicine & Rehabilitation,
Fibromyalgia/Chronic Pain, August 1998 to present.

Volunteer Award 2001 Italian American Festival.

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Board Member, Central Catholic Alumni Board, elected May 1992.

Unique Club member, inducted August 7, 1990.

Board Member, Arthritis Foundation, 1989 to present. Contributing author to "Understanding Arthritis" supplement of Canton Repository, March 11, 1990

President of SHHH COHEAR, Columbus Chapter of Self Help for Hard of Hearing People, 1985-86, 1986-87.

Editor of HEAR! HEAR! the newsletter for COHEAR, 1986-88.

Primary Advisor on Hearing Impaired Patient Program at Ohio State University Hospitals. Program started in October, 1986.

Big Brother Canton YMCA 1977-1979.

PUBLICATIONS AND ABSTRACTS:

- (1) Pellegrino MJ: Sara, A Piece of My Mind, JAMA 1986; 256:1793. Included in the book "A Piece of My Mind" edited by BB Dan and RK Young, Feeling Fine, 1989, and in Reader's Digest, April 1989.
- (2) Pellegrino MJ, Wongsman PE, Kauer P, Bowen J: Can Exercise Testing Be Useful in Chronic Pain Population?", abstracted. Arch Phys Med Rehabil 1986; 67:638.
- (3) Gatens TR, Vetter JH, Pellegrino MJ: "A New Technique: Measurement of the Ulnar Nerve Compound Action Potential Across the Elbow", abstracted. Arch Phys Med Rehabil 1986; 67:661.
- (4) Pellegrino MJ, Johnson EW: "Bilateral Obturator Nerve Injuries Following Urologic Surgery". Arch Phys Med Rehabil 1988; 69:46-7.
- (5) Pellegrino MJ, Nilo ER: "A Comprehensive Program for Hospital Patients with Impaired Hearing". Hearing Journal 1987; 40:28-30.
- (6) Pellegrino MJ: "OTONYMS," a booklet on humorous definitions related to hearing impairment, 1987.
- (7) Pellegrino MJ, Waylonis GW, Sommer AM: "Familial Occurrence Primary Fibromyalgia". Arch Phys Med Rehabil 1989; 70:61-63.
- (8) Pellegrino MJ, VanFossen D, Ryan JM, Gordon CA, Waylonis GW: "Prevalence of Mitral Valve Prolapse in Primary Fibromyalgia: A Pilot Investigation". Arch Phys Med Rehabil 1989; 70:541-543.
- (9) Atchison JW, Pellegrino MJ, Herbers P, Micetich BA, Matkovic V: "Hepatic Encephalopathy Mimicking Stroke". Amer Journal of PM&R 1992; 71:114-118.
- (10) Pellegrino MJ: "Atypical Chest Pain as an Initial Presentation of Primary Fibromyalgia". Arch Phys Med Rehabil 1990; 71: 526-528.

- (11) Pellegrino MJ: "The Rodeo Roper's Rotator Woe". Hudson Monitor July/August 1993; 54.
- (12) Pellegrino MJ: "Fibromyalgia, Managing the Pain". Anadem Publishing Company 1993. Reprinted edition 1996.
- (13) Pellegrino MJ: "Full Motor Recovery", Cortlandt Forum, January 1994; 52.
- (14) Pellegrino MJ: "The Fibromyalgia Survivor". Anadem Publishing Company 1995.
- (15) Pellegrino MJ: "Laugh at Your Muscles". Anadem Publishing Company 1995.
- (16) Pellegrino MJ: "Understanding Post-Traumatic Fibromyalgia". Anadem Publishing Company 1996.
- (17) Pellegrino MJ, Waylonis GW: Letter to Editor, Journal of Rheumatology, 1997; 24:1, pp 229-231.
- (18) Pellegrino MJ, Pellegrino Maria: "Mommy's FibroMonster". Anadem Publishing Company, March 1997.
- (19) Pellegrino MJ: "The Fibromyalgia Supporter". Anadem Publishing Company, April 1997.
- (20) Pellegrino MJ, Evans Ann: "The Fibromyalgia Chef". Anadem Publishing Company, 1997.
- (21) Pellegrino MJ, Member of the "Fibromyalgia Concensus Report: Additional Comments" Group, "Fibromyalgia Concensus Report: Additional Comments". J Clin Rheumatol 1997;3:324-327.
- (22) Pellegrino MJ: "Laugh at Your Muscles, Two". Anadem Publishing Company, 1998.
- (23) Pellegrino MJ, Marschinke Chris: "The Fibromyalgia Survivor Teaching Manual". Anadem Publishing, 1998.
- (24) Pellegrino MJ, "A Sunnier Tomorrow". Anadem Publishing, 1998.
- (25) Pellegrino MJ, "Inside Fibromyalgia". Anadem Publishing, 2001.
- (26) Pellegrino MJ, "From Whiplash to Fibromyalgia". ORC Publishing, 2002.
- (27) Pellegrino MJ, "Fibromyalgia, Up Close and Personal". Anadem Publishing, 2005.

Contributed numerous articles to various newsletters regarding fibromyalgia.